



AL-TAZKIYA



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# Resilience Through *Tazkiyyah*

Mufti Dr Sajid Siddique Belim (Falahi)



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12 – Points  
20 – Minutes  
1.66 min for one point



DAY-ONE 28<sup>th</sup> Dec, 2024

SESSION 1  
9:00 AM - 10:15 AM

## RESILIENCE THROUGH TAZKIYAH

 Mufti Sajid Belim |  20 minutes

### TOPIC BRIEFING

- Emphasizes the importance of aligning actions with words.
- Involves ongoing self-improvement, introspection, and self-evaluation.
- Children imitate behaviors they observe.
- It is essential for all influencers of children to set positive examples.
- A necessary path for personal growth and development.
- Should be guided by experienced and knowledgeable mentors or luminaries.
- **Self-Discipline:** Cultivating control over one's actions and impulses.
- **Respecting Boundaries:** Acknowledging and respecting the limits set by others and society.
- **Learning to Say "No":** Developing the ability to refuse harmful or unnecessary influences.
- **Value of Good Company:** Understanding the importance of surrounding oneself with positive influences.
- Tazkiyah and "walking the talk" require frequent reflection and adjustment.
- Stakeholders need to engage in these practices regularly to positively impact children's lives.

20<sup>th</sup> AMC 6<sup>th</sup> VIRTUAL CONFERENCE

Please note that the above timeline is only tentative and subject to change at the sole discretion of working committee in lieu of site arrangements and proceedings of the conference



# التربية

Innovative Tarbiyyah  
Solutions

*fostering positive character*

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Mufti Dr Sajid Siddique Belim (Falahi)

# Tarbiyyah



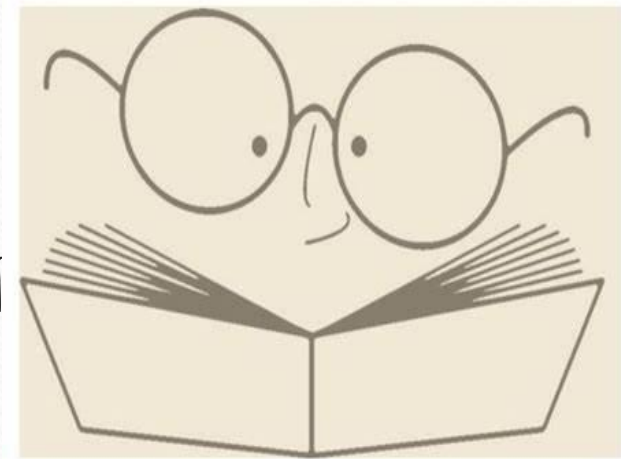
# Murabbi Must Be More Worried About Himself

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- He must take care and be concerned about his own Tarbiyah and Tazkiyah.
- If a Person is more Concerned and Worried for the societies and others reformation (islaah) than His Own Reformation, It will only lead to Fasaad and Corruption in the Society.
- If the Urge to Correct Ummah and the Family becomes more Stronger than the Urge of Correcting Myself it would create Fasad.

# 7 - Qualities of Murabbi

- **MUTTAQI** (CONSCIOUS + COGNIZANT OF ALLAH)
- **MUKHLIS** (SINCERITY + HONESTY)
- **MUALLIM** (KNOWLEDGE + WISDOM)
- **MUDABBIR** (REFLECTING + PONDERING)
- **MOHSIN** (PATIENCE + TOLERANCE)
- **MUSLIH** (BETTERMENT + CORRECTION)
- **MURSHID** (GUIDANCE + ADVICE)





# Suratul Aala



أَيَّانَهَا ١٩ (٨٤) سُورَةُ الْأَعْلَى مَكِّيَّةٌ (٨) نَكُونَهَا ١

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

بِسْمِ اسْمِ رَبِّكَ الْأَعْلَى ١ الَّذِي خَلَقَ فَسَوَّى ٢ وَالَّذِي  
قَدَّرَ فَهَدَى ٣ وَالَّذِي أَخْرَجَ الْمَرْعَى ٤ فَجَعَلَهُ غُثَاءً  
أَخْوَى ٥ سُنْفُرُكَ ٦ فَلَا تُنْسَى ٧ إِلَّا مَا شَاءَ اللَّهُ ٨ إِنَّهُ  
يَعْلَمُ الْجَهْرَ وَمَا يَخْفَى ٩ وَيُبَشِّرُكَ لِلْيُسْرَى ١٠ فَذَكِّرْ  
إِنْ نَفَعَتِ الذِّكْرَى ١١ سَيِّدَاكَ مَنْ يَخْشَى ١٢ وَ  
يَتَجَنَّبُهَا الْأَشْقَى ١٣ الَّذِي يَصْلَى النَّارَ الْكُبْرَى ١٤ ثُمَّ  
لَا يَمُوتُ فِيهَا وَلَا يَحْيَى ١٥ قَدْ أَفْلَحَ مَنْ تَزَكَّى ١٦ وَ  
ذَكَرَ اسْمَ رَبِّهِ فَصَلَّى ١٧ بَلْ تُؤَثِّرُونَ الْحَيَاةَ الدُّنْيَا ١٨  
وَالْآخِرَةَ خَيْرًا وَأَبْقَى ١٩ إِنَّ هَذَا لَفِي الصُّحُفِ الْأُولَى ٢٠  
صُحُفِ إِبْرَاهِيمَ وَمُوسَى ٢١



# Suratu Shams



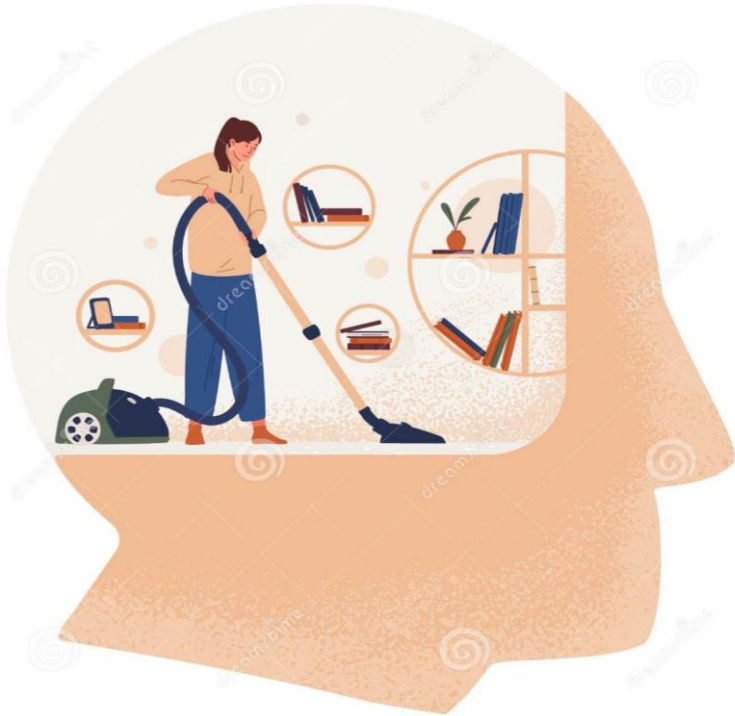
## سُورَةُ الشَّمْسِ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَالشَّمْسِ وَضُحَاهَا ۝<sup>١</sup> وَالْقَمَرِ إِذَا تَلَّهَا ۝<sup>٢</sup> وَالنَّهَارِ إِذَا جَلَّهَا ۝  
وَاللَّيْلِ إِذَا يَغْشَاهَا ۝<sup>٣</sup> وَالسَّمَاءِ وَمَا بَدَنَهَا ۝<sup>٤</sup> وَالْأَرْضِ  
وَمَا طَحَّهَا ۝<sup>٥</sup> وَنَفْسٍ وَمَا سَوَّاهَا ۝<sup>٦</sup> فَأَلْهَمَهَا فُجُورَهَا  
وَتَقْوَاهَا ۝<sup>٧</sup> قَدْ أَفْلَحَ مَن زَكَّاهَا ۝<sup>٨</sup> وَقَدْ خَابَ مَن دَسَّاهَا ۝  
كَذَّبَتْ ثَمُودُ بِطَغْوَاهَا ۝<sup>٩</sup> إِذِ انبَعَثَ أَشْقَاهَا ۝<sup>١٠</sup> فَقَالَ لَهُمْ  
رَسُولُ اللَّهِ نَاقَةَ اللَّهِ وَسُقْيَاهَا ۝<sup>١١</sup> فَكَذَّبُوهُ فَعَقَرُوهَا فَدَمْدَمَ  
عَلَيْهِمْ رَبُّهُمْ بِذُنُوبِهِمْ فَسَوَّاهَا ۝<sup>١٢</sup> وَلَا يَخَافُ عُقْبَاهَا ۝<sup>١٣</sup>



**تطهير فكر - Fikr -e- Tatheer**  
**(Purification of Thoughts)**



- Recognize and challenge negative thought patterns and Replace them with positive thoughts, Islamic thoughts and perspectives-
- Cultivate critical thinking and discernment.
- Seek knowledge and wisdom from Islamic sources (Quran and Hadees)



**Tazkiya -e- Nafs - تذكیهِ نفس**  
**(Purification of the Soul)**



- Develop self-awareness and introspection, Identify and work on flaws and weaknesses.
- Improve character, morals, and behavior
- Practice self-control, humility, and gratitude



**Tasfiya -e- Qalb - تصفيه قلب -  
(Purification of the Heart)**

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- Recognize and remove emotional impurities (e.g., hatred, jealousy, pride)-
- Cultivate love, compassion, mercy, and empathy, Practice forgiveness and letting go of grudges
- Develop a strong connection with Allah through love and devotion-



**Tajliya-e-Rooh - تجليہ روح**  
**(Illumination of the Spirit)**

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- Nurture a deep spiritual connection with Allah-
- Develop a sense of purpose and meaning, Experience spiritual growth, enlightenment, and inner peace-
- Cultivate spiritual practices, such as meditation and contemplation



# Ibn e Qayyim (r.h)

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- When a person give more importance to mortal over eternal
- When a Person's heart stops crying in front of Allah Subahanu wa Taala
- When a Person is more interested in meeting creation than Creator
- When the name of Allah and Aakhirah is mentioned it causes panic instead of pride



# Tazkiyya o Tarbiyyah

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- Suhbat e Kaamil
- Jalees e Saaleh
- Tanqeed e Aadaat
- Muhasaba e Nafs



جَزَاكَ اللهُ خَيْرًا  
نَفَعُ اللهُ بِكَ وَرَفَعُ قَدْرَكَ

Thank you

**MUFTI DR SAJID SIDDIQUE  
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